



Parkview Employee Assistance Program **HELPING YOU WEATHER LIFE'S STORMS.**

When facing life's storms, it's comforting to know that you have somewhere to turn.

An important resource

No one is immune to hardship. That is why your employer is providing the Parkview Employee Assistance Program (EAP) for you and your family at no cost. This confidential service can be of great value as you work through life's storms.

Private and professional

All of our EAP services are kept confidential. In fact, no information about you or your participation in the program is released without your written consent. Your participation in the EAP program will not be shared with your supervisor.

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Convenient locations

Visit [Parkview.com/EmployerSolutions](https://www.parkview.com/EmployerSolutions) for our most up-to-date list of locations.

Parkview Employee Assistance Program offering Zoom consultations

EAP provides consultations via your mobile device or a computer with a camera in the state of Indiana.

 **PARKVIEW**
EMPLOYEE ASSISTANCE PROGRAM



Help in any situation

The Parkview Employee Assistance Program can help you and your family with a variety of difficult situations. The EAP counselors are knowledgeable in a variety of areas, including:

- Crisis intervention
- Trauma responses
- Family and relationship difficulties
- Alcohol and drug dependence
- Personal and work stress
- Divorce difficulties
- Troubled teenagers
- Emotional difficulties

Parkview EAP has an in-house financial counselor who can assist individuals with financial issues that are impacting their daily lives.

Often, the best approach includes short-term counseling sessions with an EAP professional. There may be times when a referral to another professional or agency better suited to address the situation is required.

Examples include:

- Support groups
- Outpatient counseling

Should the need arise, your insurance benefits and coverage would be considered.

Simple

When you or your family member calls for an appointment with an EAP counselor, your appointment will be scheduled as promptly as possible.

At the appointment, you will meet with a trained professional who will help assess your situation. He or she will assist you in determining the steps necessary for resolving the issue.

Your confidential EAP services are provided by your employer at no cost to you.

Flexible

The Parkview Employee Assistance Program counselors will make every effort to find an appointment that fits easily into your schedule. Confidential appointments can be made by you or any member of your family living in your home. Appointments for children under the age of 18 must be scheduled by a parent or guardian. Anyone over the age of 18 must schedule their own appointment.

**Call Parkview Employee Assistance Program today.
Together, we will ride out life's storms.**

260-266-8060 • 800-721-8809

